

Mindset

01.15.23 - SOUNDTRACK



INTRODUCTION

We begin our first series of 2023 with a three-week look at how our thoughts, beliefs, and attitudes can create division, anger, and misunderstanding. Pastor Jesse discusses the source of this behavior and how to seek ways to alter our thinking toward a biblical mindset.

DISCUSSION

1. Our beliefs, thoughts, attitudes all weave together to help us make sense of the world around us. What ways do the differing mindsets of others create tension with our own way of thinking and perceiving the world? How do you maintain a God-focused mindset?
2. **Read Exodus 3:9-13; 4:1-13.** Pay attention to all the excuses Moses gave God for not carrying out his will. List some ways you can relate to Moses' mindset of how he thought of himself vs. the way God sees him.
3. Pastor Jesse describes how the burning bush did not change Moses' mindset. Instead, what God spoke to Moses revealed his mindset. Have you had anything like a 'burning bush' experience? How did it help you grow in understanding of your thoughts and attitude, and how did it bring God glory?

TAKE ACTION

1. What is the "soundtrack" you have allowed to play in your mind? How might it be getting in the way? Read Romans 12:2 and list specific measures you can take to renew your mind.
2. Shift your focus to all Jesus did for you. Pray for a transformation of your thoughts and feelings to see yourself as God sees you.
3. Worship God as a living sacrifice by completely submitting to His good and perfect will. Journal about specific ways you can submit your will to what God wants for you.

RESOURCES

Jennie Allen's [Get Out of Your Head](#) study guide on [RightNow Media](#)

[Renewing Your Mind](#) by RC Sproul on Amazon

[Transformed](#) by Chip Ingram on [RightNow Media](#)