



JUNE 20/21

IT'S NOT ABOUT ME

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INTRODUCTION

Pastor Jesse encourages us in his message, *Note to Self: It's Not About Me*, to be people known for our humility. Using Philippians 2:1-8, he explains "it's not about us" because it's all about Jesus. If the Son of God never made it about His needs or opinions but instead always made it about others, then who are we to live otherwise?

DISCUSSION

1. What does it mean to be "lost without Jesus," and how does this play out in our lives?

2. **Read Philippians 2:1-8.** What verse(s) stick out to you and why?

3. In this season, what does valuing others above yourself and looking to others' interests before your own look like for you?

4. During this pandemic, how can we show others it's "not about me"?

DO SOMETHING

1. During your quiet time with God this week, reread **Philippians 2:1-8** and meditate on it. Pray about how you can use this message of humility in your faith walk.
2. Fast from social media for a day or more and use that time to practice "valuing others above yourself." Take a walk with a neighbor, call a friend, write a letter to a shut-in, etc.
3. With your small group or family, plan a way to help those in your community who are struggling in this season. For a list of our community partners, go to **prairielakeschurch.org**, scroll down to the "Covering Iowa with Churches" section, select your campus's flag and click "Campus Page."

RESOURCES

1. *Deny Yourself*, the second film in the *True Beauty* series for women featuring Lisa Chan, counters the lie "it's all about me" with the freeing truth "I belong to Jesus." Available on [RightNow Media](#).
2. *Humility* by Andrew Murray is a loud call to all committed Christians to prove meekness and lowliness of heart is the evidence by which those who follow the meek and lowly Lamb of God are to be known.
3. In his short book *The Freedom of Self Forgetfulness*, author Timothy Keller shows a truly Gospel-humble person is not self-hating or self-loving but self-forgetful.