



ONE HITWONDERS

JULY 26 • JONAH

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INTRODUCTION

Pastor Shane wrapped up our *One Hit Wonders* series by walking through the book of Jonah. Jonah primarily teaches us about who God is. Although it's a book of just four chapters, it provides rich lessons about obedience, sin and mercy. Ultimately, the book of Jonah points us to Jesus.

DISCUSSION

1. Jonah ran from his call to Ninevah because he was, for good reason, afraid of the Ninevites. The Assyrians were gruesome people, enemies of Israel. It was probably the last place Jonah wanted to be called. What fears or hatreds push you to disobey God?
2. **Read Jonah 1:4-6.** Jonah slept through a violent storm while the sailors of the ship were doing everything they could to keep safe. Pastor Shane said, "When we run from God, we usually end up sleeping through our neighbor's crisis, too." Why is this true, and what can Christians do to guard against doing this?
3. Pastor Shane explained there are both receivers and resenters of God's havoc-bringing mercy. Consider the examples of this in Jonah and observed in your own life. What does it look like to be a receiver? What does it look like to be a resenter?
4. Although we'd rather he wasn't, Jonah acts as a mirror for ourselves. In what ways do you see yourself in Jonah's story?
5. "God's mercy is seen most fully in Jesus." **Read Romans 5:10 and Ephesians 2:4-5** to gain better understanding of this. Discuss how the whole story of Jonah points us to Jesus.

DO SOMETHING

1. Commit to reading through the book of Jonah twice this week. Each time you do, pray your heart will be soft to what God wants to teach you.
2. Pastor Shane pointed out Jonah's sin wreaked havoc for the sailors; sin is never just "my own problem." He provided examples of ways this could be true in our lives. Are there sins in your life you've convinced yourself are "personal"? If so, reflect on this and confess to God. If you need accountability, reach out for it.
3. If God has used this sermon to convict you about a fear or hatred you have, consider how you can begin the process of reconciliation. This may be as simple as offering an apology to a friend. For others, this may require deep, long-term work. If you feel conviction but aren't sure of your next step, reach out to an experienced Christian friend or mentor.

RESOURCES

1. Read *Prodigal Prophet* by Tim Keller, available on [Amazon](#)
2. Read *None Like Him* by Jen Wilkin, available on [Amazon](#).
3. Watch The Bible Project's [video on Jonah](#).
4. Watch [Eric Mason's teachings](#) on [RightNow Media](#).