INTRODUCTION
We are in the second week of our three-week series on The Lord’s Prayer entitled Let’s Pray. Pastor Jesse led us through the opening section last week, and Pastor John now focuses on the middle portion found in Matthew 6:11, “Give us today our daily bread.”

DISCUSSION
1. What’s your typical response to God’s outrageous invitation for us to ask for help?

2. Do you find yourself to be more inclined toward self-dependence or utter dependence on God?

3. Pastor John reminds us “today is enough.” How can praying for today’s needs ease our tendency to dwell in the past or be anxious about the future?

4. Read Matthew 6:9-11 together. What fresh insights into The Lord’s Prayer have you gained from the first two weeks of this series?

DO SOMETHING
1. Pastor John emphasizes “It doesn’t matter where you’re starting; it matters you take a step in your own prayer life.” What next step can you take this week/month?
2. If you haven’t already, memorize The Lord’s Prayer* this month, asking a family member or friend to join you.
3. If you’ve already memorized this prayer, commit to praying it this month, reflecting on the insights and teaching points of our series.
4. This week, begin each day praising God and remembering who He is. Then, ask Him for help with one (or more) need(s) for the specific day according to His will.

*Note: The Lord’s Prayer can be found in Matthew 6:9-13 and Luke 11:2-4.

RESOURCES
2. Stormie Omartian prayer books. The author has multiple published books for varied seasons and roles, such as The Power of a Praying Parent, The Power of Praying through Fear, The Power of a Praying Husband and many more. Available in multiple formats on Amazon and christianbook.com
4. PLC’s Let’s Pray 21-Day Prayer Guide