

# ATTEND REGULARLY

JOHN FULER | SENIOR PASTOR

DON'T  
FORGET  
THE  
"WHY"

## INTRODUCTION

We're excited to introduce our new four-part series entitled *Don't Forget the Why*. It's critical to understand the "why" behind our actions as No Matter followers at PLC. Pastor John launches the series with "Attend Regularly."

## DISCUSSION

1. Describe your family's model of attending (or not attending) church as you were growing up. At the time, did you understand the "why" for your family's practice?
2. In what ways has the pandemic impacted your view of gathering as the Body of Christ? If your family continues with the online campus while the pandemic continues, what are some ways you can lead your family in a higher level of engagement?
3. Pastor John emphasized that one of the reasons we should attend regularly is because "what we feed grows." What sources do you regularly feed from during the week?
4. In this week's message, Pastor John highlighted eight reasons why we should attend regularly; of these eight, discuss one or two that especially resonated with or convicted you.

## DO SOMETHING

1. Outline your personal "whys" for regularly attending church and look for an opportunity to share this with your children, grandchildren, spouse, a coworker or friend. Save it to pass on to future generations or share with friends.
2. For the next three days, be especially aware of the array of messages you're absorbing, both intentionally and unintentionally. Track these to become more aware of what you're "feeding on" during the week and how this is shaping your affections.
3. Reflect on how a weekend message, a fellow believer at church or a small group topic or member has challenged you to grow. Send a message or note, expressing your gratitude for helping to remove your blind spots and alter your perspective.

## RESOURCES

1. *Big Church: How a Single Event Launched a Movement* by Andy Stanley, a seven-part series available on [RightNow Media](#).
2. *Secret Church 9: The Body of Christ* by David Platt, a four-session series available on [RightNow Media](#).
3. *Paul and the Early Church: Volume 6*. Session 7 is a six-minute video on "The Body of Christ" designed for kids ages 9–12. Available on [RightNow Media](#).
4. *I am a Church Member* by Thom S. Rainer, available in various formats on [Amazon](#) and [Christianbook.com](#)