



PAY ATTENTION

WK 2 • NOV 22

IN THOSE AROUND ME

CHIP UHRMACHER • CEDAR FALLS CAMPUS PASTOR

INTRODUCTION

In the final week of our *Pay Attention* series, we dive into the idea of kindness. Pastor Chip reviews ways to check if you are merely being nice or if you have embraced being kind to others.

DISCUSSION

1. Pastor Chip taught us kindness is more than being nice; it involves compassion and generosity. What are some actions that are merely nice? What would make them acts of kindness?
2. Humility is not thinking less of yourself but thinking of yourself less and is tied to expressing kindness. Discuss what **Philippians 2:1** looks like when played out during the upcoming holiday season.
3. One way we can express kindness is by listening to others well is How do you feel listened to? How can you better listen to others?
4. What does it look like to bless others through encouragement, confrontation and sacrifice?

DO SOMETHING

1. Share an act of kindness with your family or Little Iowa this week.
2. Share with someone why you are grateful for them.
3. Spend time in prayer asking God what you need to do to better demonstrate kindness and humility.

RESOURCES

1. Read *Love Kindness: Discover the Power of a Forgotten Christian Virtue* by Barry Corey
2. Watch *Genuine Humility* by Jennie Allen through RightNow Media
3. Watch the *Five-Minute Bible Study* on the fruit of the spirit kindness by North Coast Church on YouTube
4. Read *Humility: The Path to Holiness* by Andrew Murray