

ATTENTION WAR

JAN 9 | THE WAR EXPOSED



INTRODUCTION

Pastors Cody Caraway and Jesse Tink team up to share their insights on the benefits and traps that come with today's communication technology. While technology can be used to reach a lost world for Jesus, it can also be used to entrap our minds and souls.

DISCUSSION

1. In what ways do you see the current digital age benefitting society? In what ways is it harming society?
2. Share something you learned *today* from social media, the internet, TV or radio. How did (or didn't) this information affect your relationship with God?
3. How can overexposure to the world's ideas through digital media impact our physical, mental, emotional, social & spiritual lives?
4. **Read Philippians 4:8-9, 2 Corinthians 10:4-5, Romans 8:5-8, Romans 12:2.** Discuss how a proper mindset toward the screens we view each day can help us defuse the world's impact on our lives and families.

TAKE ACTION

1. Ask God to reveal any attention grabbers in your time on digital media. Mark which ones help you draw closer to God and which ones lead you away from God.
2. Review **Philippians 4:8-9** and post it somewhere you'll see it frequently. Take a few minutes every day to think about what Paul says about your thought life and how it lines up with your screen time.
3. Study the following verses [if possible, use a physical Bible]: **Ephesians 4:23-24, Philippians 4:7, Colossians 3:1-2, 1 Peter 1:13.** Honestly ask yourself: does the content I typically view on digital media align with these Scripture verses?

RESOURCES

1. *Thriving in Babylon* by Larry Osborne on [RightNow Media](#) and [Amazon](#).
2. *Who Are You Following? Pursuing Jesus in a Social Media-Obsessed World* by Sadie Robertson Huff [releasing February 1, preorder on [Amazon](#)]
3. "What Can I Do if I Feel Enslaved to the Escape of TV and the Internet?," a short video on [RightNow Media](#)