

ATTENTION WAR

JAN 16 | THE WAR FOUGHT



INTRODUCTION

In week two of our series *Attention War*, Pastor John spurs us to pick an intentional fight in the battle for our attention. He encourages us to remember “His divine power has given us everything we need for a godly life...” (2 Peter 1:3).

DISCUSSION

1. If you’re comfortable, share about what the attention war currently looks like for you. After listening to the sermon, is there an area of your life you feel convicted to focus on?
2. The attention battlefield takes place internally. **Read Matthew 15:17-20**. How are our minds, hearts, beliefs and actions all connected?
3. How do intentional spiritual rhythms aid us in the attention war?
4. **Read Genesis 4:6-7**. How are God’s words to Cain relevant to the challenges modern-day Christians face?
5. Sometimes “intentional ruthlessness” is needed to battle a bad habit. What are some examples of situations where ruthlessness is necessary?

TAKE ACTION

1. Pastor John introduced the idea of “gratitude triggers.” Set a simple trigger for yourself that can be easily incorporated into your daily habits.
2. Set aside time this week to reflect on **1 Corinthians 3:10-15**. Think and pray about what it means to lay a foundation as a wise builder.
3. Pastor John listed five transformative Next Step practices (Attend Regularly, Serve Purposefully, Give Generously, Connect Relationally, Invite Boldly). Which one of these can you currently focus on?

RESOURCES

Redeem the Screen, a three-part video series by Kyle Idleman on [RightNow Media](#)

Download the [YouVersion Bible App](#) to help you put daily spiritual rhythms in place.

For more information on the Next Steps Pastor John discussed, check out PLC’s five-part *Your Next Step* sermon series.