



INTRODUCTION

This week, Pastor Jesse wraps up our Lent series by encouraging us to fast from what we see so we can better view God's love for us. Some things we all need to see the same way because eternity is at stake. As we communally turn off movies and TV, we'll give our minds and hearts a chance to think deeply, receive, and be aware of God's love.

DISCUSSION

- 1. Humans have the ability to look at the exact same thing but see it completely differently. Share about a time you experienced this reality.
- 2. Read Luke 7:44-47. Discuss the differences between how Jesus and the Pharisee viewed the woman with the perfume.
- 3. We don't start on the "inside" because of our faithfulness; we start on the "outside" because of our sin. What does this mean?
- 4. The woman with the perfume took a bold step to do something risky and vulnerable. Pastor Jesse asked, "What did she believe about Jesus before she even walked in the room that day?" Discuss this question as a group.
- 5. We are marked by our repentance before our righteousness. Why is this significant?

TAKE ACTION

- 1. Are there certain apps you need to delete off your phone? Do you need to take the batteries out of your remote? Take the necessary steps to practically prepare for this week's fast.
- 2. Plan for accountability this week. This could come from your small group, spouse, a friend, etc. Who will you check in with, and who will check in with you?
- 3. What will replace your viewing time? How will you give yourself the chance to fully experience God's love? Examples include prayer, worship, a solitary walk, additional time reading the Bible, etc. Make a plan now so you will be intentional with your time.

RESOURCES

- 1. Listen to or watch PLC's sermon series The Busyness Fix.
- 2. Watch "What Can I Do if I Feel Enslaved to the Escape of TV and the Internet?" on RightNow Media.
- 3. Read A Hunger for God: Desiring God through Fasting and Prayer, available on Amazon.