



Introduction

Pastor John kicks off a five-week series entitled *How to Help My Kids* by exploring the issues parents face in trying to help their kids be successful. Many times, we allow outward values to determine the measure of our children's success. Spoiler alert: it's the inside stuff that matters.

Discussion

1. What are your top two outward markers for success for yourself? Your children? How closely do they align with your inward values?
2. On a scale of one to ten, how much do the expectations of others play a role in your behavior to succeed? If that number is high, what specific measures do you think you can take to "get off that crazy train"?
3. As a parent, think about a time when you felt defeated or inadequate. Share with your group how you could have taken steps to avoid that situation or experience. What would biblical success in that situation look like?
4. **Read Proverbs 27:19.** In respect to success, what is your heart reflecting outwardly to your children? What ways can you improve or change your actions?

Take Action

1. Pastor John said, "Don't hurry with your kids." Concentrate on specific ways you can model how to "walk" with God rather than "run" with God.
2. Find ways to "reward the effort, not the result" with your children by focusing on how they approach a task as opposed to the level of success of the final outcome.
3. Purposefully place your children in situations where inward values are modeled – e.g., children's ministry or small group.

Resources

1. [Finding Truth](#), a video series by Francis Chan on [RightNow Media](#)
2. ["The Only Change That Will Last"](#) by Kristen Wetherell on [RisenMotherhood](#)
3. ["How to Stop Shaming Yourself for Your Kids Insecurities"](#) from [Preparing Parents](#) on Instagram