



week 1 | may 29

# LESSONS FROM EXODUS

*when life with God gets tough*

## INTRODUCTION

In our new, four-week series, we're journeying through the book of Exodus. Pastor Jesse guides us through this week's topic, *When Life with God Gets Tough*. Even though they were God's chosen people, the Israelites didn't have easy lives while in bondage. However, God was with them in the midst of their suffering and hardship, and from their story, we learn God uses tough situations bring us to obedience and trust through fully depending on Him. We can trust He is who He says He is.

## DISCUSSION

1. Has there ever been a time you've had to depend solely on God? Share your experience with your group and discuss the hardships you encountered in that season and how it changed or matured your faith.
2. When life gets tough, what's your immediate reaction? Do you ask why? Complain? Worry? What actions can you take to seek God first and avoid becoming enslaved because it *seems* easier than obeying and trusting God. Ask God to reveal and heal those patterns.
3. **Read Exodus 5.** Have you ever experienced a "bricks without straw" situation where, like Moses, you were obedient to God only to bring about more suffering and pain? Were you tempted to "hit the easy button" and revert to your own path, or were you steadfast in depending on God? Discuss your actions and temptations.

## TAKE ACTION

1. Create a gratitude journal thanking God equally for the hardships as well as the blessings you encounter. Look at your hardships as blessings and thank Him diligently for them.
2. Pray fervently for those persecuted and oppressed because of their faith in Christ, that their hardship and suffering will further the Kingdom of Heaven.
3. When you encounter hardship, resist slipping back into what's easy. Do the hard work of trusting and believing God by finding an accountability partner to share the journey.

## RESOURCES

The following videos can all be found on [RightNow Media](#).

1. [How to Read Exodus](#) by Tim Mackie
2. ["When Life is Tough"](#) with Louie Giglio
3. [Jesus in All of Exodus series](#) with David Bowden