



GRINNELL 2017

RESOURCE BOOKLET

ASSISTANCE PROGRAMS IN POWESHIEK COUNTY AREA

This Resource Guide was compiled by the CARE Ministry at Prairie Lakes Church as a helpful resource for those seeking assistance for their individual needs. It offers easy access to a listing of agencies, their area of assistance and contact information.

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AREAS OF ASSISTANCE

Adult Services

- Poweshiek County Mental Health Center
- Substance Abuse Treatment of Central Iowa

Counseling & Mental Health Services

For counseling resources to meet your specific concerns, please contact care@prairielakeschurch.org.

Family Services

- Family Development and Self-Sufficiency
- Mid-Iowa Community Action Food Pantry
- Strong Parents, Strong Children
- Low-Income Home Energy Assistance Program
- Women, Infants and Children (WIC) Supplemental Program

Financial

- Low-Income Home Energy Assistance Program

Food Assistance

- Mid-Iowa Community Action Food Pantry
- Poweshiek County General Assistance

Health Care Services

- Poweshiek County General Assistance
- Mid-Iowa Community Action

Housing Assistance

- Mid-Iowa Community Action

Job Assistance

- Mid-Iowa Community Action

AGENCY SUMMARIES

Family Development and Self-Sufficiency

Mid-Iowa Community Action
1001 S 18th Ave
Marshalltown, IA
641.752.7162

The program provides regular one-on-one in-home support to families receiving FIP (welfare) assistance helping them increase their stability and ability to become economically self-sufficient.

Low-Income Home Energy Assistance Program

Mid-Iowa Community Action
1001 S 18th Ave
Marshalltown, IA
641.752.7162

Low-Income Home Energy Assistance Program helps families and individuals pay their heating bills through energy assistance grants. The program is set up to provide low-income families with opportunities to prioritize their spending over the winter months.

Mid-Iowa Community Action

611 4th Ave
Grinnell, IA
641.236.3923

Mid-Iowa Community Action (MICA) is guided by five core values: family, helping others, partnership, achieving results and innovation. MICA, in collaboration with community partners, leads efforts to strengthen families and communities through family development, health programs and housing assistance.

Mid-Iowa Community Action Food Pantry

1001 S 18th Ave
Marshalltown, IA
641.236.3923

MICA provides as many nutritional options as possible and works with community members, churches and other organizations to help families put food on the table.

Poweshiek County General Assistance

120 West St
Grinnell, IA
641.236.9199

Poweshiek County General Assistance provides emergency assistance to residents to meet basic needs such as food, shelter, medical assistance and utilities. Services are not intended to provide on-going, long-term assistance.

Poweshiek County Mental Health Center

200 4th Ave W
Grinnell, IA
641.236.6137

The Poweshiek County Mental Health Center is a non-profit organization that provides mental health services with compassion and professional competence to enhance the quality of life and overall well-being of their residents, students and communities.

Strong Parents, Strong Children

Mid-Iowa Community Action
1001 S 18th Ave
Marshalltown, IA
641.752.7162

The Strong Parents, Strong Children (SPSC) program is designed to deliver a variety of support services in economic stability, healthy relationships and responsible parenting.

Substance Abuse Treatment of Central Iowa

927 4th Ave
Grinnell, IA
641.236.8662 (Grinnell location)
641.752.5421 (Marshalltown location)

Substance Abuse Treatment of Central Iowa is committed to providing services to people with substance-related disorders that are consistent with best practices, appreciative of client self-determination and place an emphasis on simultaneous treatment of the co-occurrence of mental health, gambling and physical health conditions either through agency provision or coordination with other providers.

Women, Infants and Children (WIC) Supplemental Food Program

800.532.1579
idph.state.ia.us/wic

The WIC Program strives to improve nutritional status of low-income pregnant women and children less than five years old. The program provides nutritional education and vouchers for milk, cheese, peanut butter, eggs, cereal, beans, juice and infant formula. The program also assists mothers who are breast feeding by providing manual breast pumps and loaning electric pumps.

INTERESTED IN LEARNING MORE ABOUT PRAIRIE LAKES CHURCH?

Attend a Service

105 W St. S
Grinnell, IA 50112

Service Time:

Sundays @ 8:45 & 10:45

Call or Visit our Office

105 W Street South
Grinnell, IA 50112
641.236.0168

Office Hours:

Monday-Thursday
9 a.m.-3 p.m.

